

Ref. No.

Date:

GENDER SENSITIZATION ACTION PLAN 2023-24

Ours is a girl's college only even though Institute organizes different program for gender sensitization awareness.

The Equal opportunity cell is involve in creating awareness and disseminating information and knowledge among the faculty and the students on the issues that are related to Gender discrimination. Every year the cell is committed to organize events/programmes to educate the faculty and students about the rights and responsibilities of fundamental and constitution of India by inviting the Guest speakers who have made names in their respective fields. Different programmes is planned for this academic year.



[Signature]
I/O Principal
Women's College of Home Science & BCA
Loni Kd, Tal. Rahata, Dist. A. Nagar
Pin-413713

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7.1.1 Measures initiated by the Institution for the promotion of gender equity during the year 2023-24

Gender sensitization inculcates values of equality, diversity and inclusivity which are essential for creating a safe space for students as well as employees in a higher education institution. The Institute aims to help provide gender equity by conducting awareness programme.

Number of gender equity promotion programs organized by the institution

Year	Title of the programme	Date and Duration (from-to)
2023-24	Guest Lecture on “Adolescent Girls Reproductive Health” by Dr V B Bangal, Head of Gynecology department, PMT, Loni	18/07/2023
	Guest Lecture on”Red Ribbon Club”by Mr Santosh Ubale, Supervisor, rural Hospital, Loni	05/08/2023
	Guest Lecture on “Self defense dial number 112”by Pallavi Deshmukh ,Nirbhaya Pathak, API, Ahmednagar	17/08/23
	Guest Lecture on”Health and Fitness” by Dr Shashikant Kale, Kolhar	6/09/2023
	Guest Lecture on”Health and Fitness “and “Checkup Camp” by Dr Swati Mhaske, Rural Hospital, Loni	8/09/2023 to 9/09/2023
	Guest Lecture on” Women’s Health Issues and Challenges” by Dr Vidhya Badakh, Consultant Dietecian	12/09/2023
	Demonstration of Fire Safety Equipments	13/09/2023
	Workshop on “Sutrasanchalan Karyashala” by Mr Nilesh Parvat, Sangamner	31/01/24
	Workshop on “cyber Security” by Assit prof. santosh Gujar, PVP College, Loni	9/02/2024

	Nirbhay Kanya Abhiyan 1. Guest Lecture on "Yoga and Meditation" by Dr Bhavana Saswade, Sangamner 2. Guest lecture on "Women Empowerment" by Mrs Anuradha Aher, Sangamner 3. Workshop on "Intellectual Property Rights" by Mrs Kalyani Abir, CEO, Synnollet Innovation, Pune	13/02/2024 14/02/2024 15/02/2024
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Guest Lecture on “Adolescent Girls Reproductive Health”

Women's College of home Science and BCA,Loni organized Guest lecture on “**Adolescent Girls Reproductive Health**” for newly admitted students on date 18/07/2023. Dr Anushri Khaire,Incharge Principal Welcome guest and requested to start session. Dr.V B Bangal,Head Gynecology Department,PMT,Loni, delivered lecture on Adolescent Girls Reproductive Health. Dr.Vidyadhar Bangal sir and Dr. Vaishali Tilekar gives us a valuable guidance about how our health is important and adolescent girls facing Menstrual cycle Problems..Dr.V B Bangal discussed the importance of Reproductive health is important for a healthy society and population. It includes the physical, emotional, behavioral, and social well-being of adolescents.Also discussed on Challenges for adolescent girls, Factors that affect reproductive health, How to maintain reproductive health etc. Dr. Kanchan Deshmush ,HOD Home Science department delivered vote of thanks



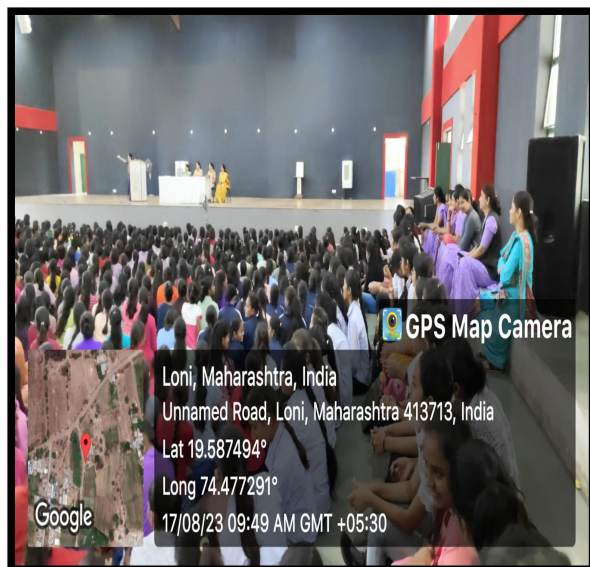
"Red Ribbon Club"

On date 05/08/2023, Red Ribbon Club and Women's College of home Science and BCA, Loni coordinately arrange a lecture for students. Mr Santosh Ubale, Supervisor, counselor, Rural Hospital, Loni delivered lecture. Sir told information about "Red Ribbon Club" as Red Ribbon Clubs (RRCs) are educational programs that aim to raise awareness about HIV/AIDS, safe sexual behaviors, and voluntary blood donation among young people. The clubs are part of a movement started by the Government of India in educational institutions. Assist Prof Navale R M introduced the guest and also proposed the vote of thanks.



“Self defense dial number112”

On date 17/08/23 a guest Lecture on “Self defense dial number112” organised.Mrs Pallavi Deshmukh ,Nirbhaya Pathak,API,Ahmednagar guided the students regarding free call numbers for **Self defense** .Calls to emergency number 112 usually are made in difficult conditions. Anxiety, fear, or fright in the face of a danger does not allow to focus, calmly assess the situation and instantly decide what to do to stay safe. Often trying to call emergency services, people simply forget the number, cannot dial it on the phone keypad, or, having successfully reached the call taker, tell him what happened to them and where.To be able to urgently call for emergency help in case of an accident, please read and remember these.The program was attended by all campus students.



“Health and Fitness”

On September 6, 2023 National Nutrition week was celebrated. Dr Shashikant Kale and Mrs Mrunalini Kale delivered a lecture on “**Health and Fitness**”. Dr. Kale said that human body trade is mainly Saxe Relies on food and diet planning is meditative said to be remedial art. Mrs Mrunalini Kale Madam told If you give importance to the meal time, you should eat only when you feel hungry. Health will be good and everyone needs to look inside themselves. A sense of peace and happiness with contentment and happiness in your life and Positive thinking should be inculcated for everyone's health. Dr Shashikant advised the students to take necessary precautions of your health Positive thinking is important for everyone's health

The programme was graced by NSS Programme Officer Prof. Jaya Dabarase. The show was hosted by Miss Aarti Shinde. The program concluded with the Pasaydan.



“Health and Fitness”

On 8th September 2023 program were organized on the occasion Nutrition week. Dr. Swati Mhaske was invited to speak on “**Health and Fitness**”. She said Good Health depends on food and diet planning is meditative. Said to be remedial art. On 9 September 2023 for students Free **Health checkup** was held for Hemoglobin and HIV. Illness reports were drawn by Mr. Santosh Ubale and his team from Rural hospital, Loni.

The program was moderated by Miss Rupali Lodha TyBSc student. The program ended with the National Anthem.



” Women’s Health Issues and Challenges”

Guest Lecture on” Women’s Health Issues and Challenges” by Dr Vidhya Badakh,Consultant Dietecian on date 12/09/2023. She told Women's health issues are often stigmatized, and many people don't feel comfortable talking about them. Discussing these issues can help people learn more and feel more comfortable. Covered many topic on Women's health issues and challenges include a range of topics, such as: Reproductive health, Mental health, Bone health, Nutritional status etc. Students were actively participated in the discussion.



Demonstration of Fire Safety Equipments

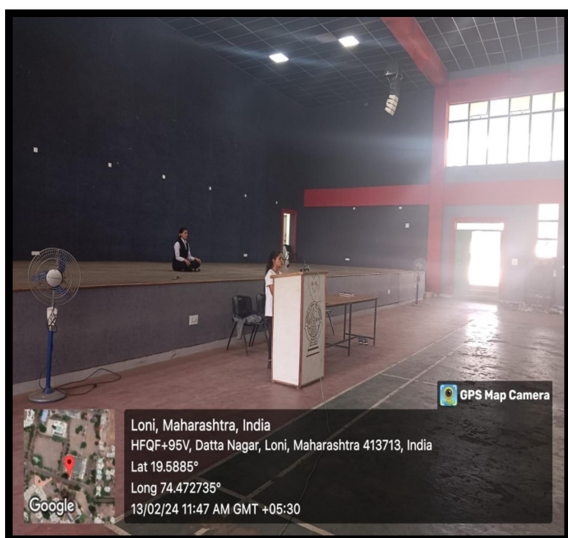
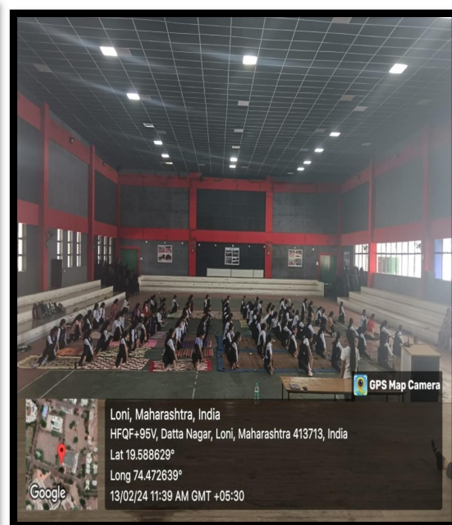
Demonstration of Fire Safety Equipments program was organized on 13/09/2023. Mr. Waditke Nanasaheb B, Chief Security Officer, PRES gave a valuable guidance to all campus students about how to use Fire Safety Equipments at the time of sudden occurrence of any Disaster. Student and faculty actively participated.



Nirbhay Kanya Abhiyan

Yoga and Meditation

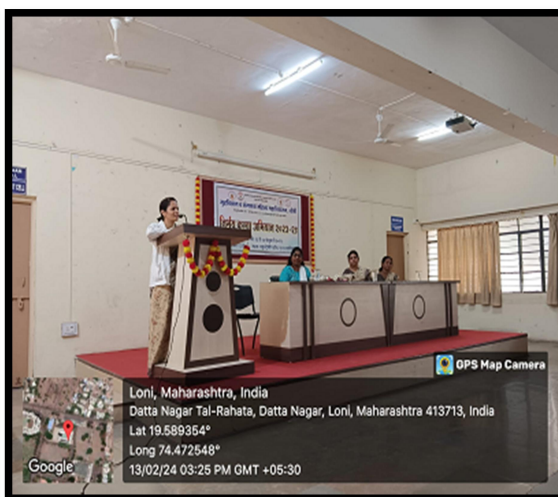
Savitribai Phule Pune University, Pune Student Development Department and Women's College of Home Science and BCA, Loni organized under the Nirbhay Kanya Abhiyan a lecture on topic” **Yoga and Meditation**” by Dr Bhavana Saswade, Sangamner. Discuss the importance of yoga with the students. She told, The various breathing techniques in yoga help in calming the mind of people. It also brings awareness in you and the capability to stay still. Moreover, you can also achieve inner peace through meditation. It also helps in bringing discipline and dedication in one's life.



Women Empowerment

Savitribai Phule Pune University, Pune Student Development Department and Women's College of Home Science and BCA, Loni organized under the Nirbhay Kanya Abhiyan a lecture on topic **“Women Empowerment”** by Mrs. Anuradha Aher, Sangamner gave a very effective lecture from various examples. What is women empowerment when combining the existence and empowerment of women? It will shed light on its changing definition and the need for empowerment in today's times what is health, social, educational, and economic empowerment with various examples? Detailed information about how to get it in UAE. She also told how the need for women empowerment has changed over time and how it will be necessary in the future.

On this occasion, the principal of the college Dr. Anushree Khaire, Vice Principal Prof. Rajshree Tambe, B. C. A. Head of Department Prof. Sanjay Wani, Head of Department of Home Science Prof. Kanchan Deshmukh, all faculty and non-teaching staff and students were present.



“Intellectual Property Rights”

One Day Workshop on “Intellectual Property Rights” on 15th February 2024 was taken in association with Student Development Board, Savitribai Phule Pune University Pune and Women's College of Home Science and BCA, Loni

For the said workshop Mrs. Kalyani Ahir, CEO Synnollet Innovation Guided the students. In this she taught the students about trademarks, brand names, patents etc

A total of 143 students and 10 teachers and non-teaching staff were present for this. Initially, the principal Dr. Anushree Khaire introduced, Students of SYBCA Miss Disha Kapse and Miss Shraddha Thorat done anchouring for program. Vice Principal Rajshree Tambe expressed vote of thanks,



One Day Workshop on Cyber Security

A one-day workshop on “Cyber Security” was conducted on February 9, 2024 in association with Student Development Board, Savitribai Phule Pune University, Pune and Women's College of Home Science and BCA, Loni . Mr. Santosh Gujar, Assistant Professor of Computer Science Department of Padmashri Vikhe Patil Arts, Science and Commerce College, guided 74 students for the said workshop. While guiding the students, the subjects of social media use, online banking transactions, online buying and selling, online share buying and selling, etc. Application security, cloud security, data security, password security, privacy, mobile protection, online scan while sharing information How in life. To successfully conduct the said workshop, Principal Dr. Anushree Khaire Madam, Vice Principal Mrs. Rajshree Tambe madam and coordinating professor Sonyabapu More made successful efforts.



"Coordinating workshop (Sutrasanchalan Karyashala) "

Student Development Board, Savitribai Phule Pune University, Pune and Women's College of Home Science and BCA., Loni was organised one day workshop on " (Sutrasanchalan Karyashala) Coordinating Workshop" on 31st January 2024. Mr. Nilesh Parbat, from Sangamner provide a guidance to students. In this, the students gave information about arrangement of words, voice ups and downs, word structure as well as costumes and many other topics. At the end of program, Program Coordinator Smita Ranvare expressed thanks. Mrs. Anisha Dharam, a first year student moderated the program.

