



Pravara Rural Education Society's  
**WOMEN'S COLLEGE OF HOME SCIENCE AND BCA**  
A/p-Loni Kd , Tal-Rahata, Dist-Ahmednagar. Pin- 413 713  
Accredited by NAAC with 'A' Grade  
Affiliated to S.N.D.T Women's University, Mumbai



Office : (02422) 273989,  
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### Half Yearly Activity (Before Diwali) 2014-15

Sr. No.	Date & Month	Event	Programme
1	13/7/2014	World , population Day	Elocution Competition
	24/07/2014	Orientation Programme	Guest lecture on Personality Development
2	04/08/2014 to 10/08/2014	Breast Feeding Week	Awareness Programme in adopted area (Dattanagar) Demonstration & Guest lecture.
3	9/08/2014	Revolution Day	Organized the Guest lecture
4	15/08/2014	Independence Day	Flag Hoisting
5	29/08/2014 to 08/09/2014	Eco-friendly Ganesh Festival	Every volunteer will council about not to throw Nirmalyain river
6	1/9/2014 to 7/9/2014	Nutrition Week	Nutritious recipes competition & awareness programme, Guest lecture
7	05/9/2014	Teachers Day	Debate Competition
8	08/09/2014 to 14/09/2014	International Literacy Day Week	Literacy programme arranged for college workers (peon)
9	24/09/2014	N.S.S. Foundation Day	Guest lecture, Street Play
10	2/10/2014	Gandhi Jayanti	Shramdan At college campus
11	16/10/2014	World Food Day	Celebrate the food festival organized the Guest lecture

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### Half Yearly Activity (After Diwali) 2014-15

Sr. No.	Date & Month	Event	Programme
1.	19/11/2014	Mother's Day	Guest lecture for student parents
2.	01/12/2014 to 07/12/2014	AIDS Week	Awareness programme in slum area (Lomeshwar nagar) and anti – aids rally
3.	05/12/2014	International Volunteer Day	Shramdan
4.	25/12/2015 to 31/12/2015	Special Winter Camp	IN Rural area of Rahata Taluka Saptashrunji nagar
5.	03/01/2015	Savitribai Phule Jayanti	Organized the Guest lecture
6.	12/01/2015	National youth Day	Guest lecture & Debate Competition
7.	25/01/2015	Shramdan	College campus
8.	26/01/2015	Republic Day	Flag Hoisting
9.	14/02/2015	Medical Check-up (Hemoglobin)	N.S.S. Volunteer
10.	08/03/2015	Women's Day	Health Awareness Programme
11.	31/03/2015	World's Forest Day	Field Visit (Maparwadi)



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## World population Day

**Date: 13/7/2014**



India is close to become the most populous country of the World population Day on 13<sup>th</sup> July. Elocution competition were organized on the topic **“Advanced Technology and population Explosion”**. **123 Students participated in this programme.**

## Orientation Programme

Date 24/07/2014



For N.S.S volunteer orientation programme was arranged. Guest Lecture delivered by Prof. Kore Rajendra on “**Personality Development**” He discussed the aim and objectives of N.S.S and role of volunteer in society.

**195 students participated in this programme.**

# **Breast Feeding Week**

**Date (04/08/2014 to 10/08/2014)**

The Unit and nutrition faculty members of the college organized various programme in the breast feeding week.

The Programme was as follows:

- Lecture on breast feeding by Asst. Prof Jaya Dabarase for anganwadi workers. She explained the importance of colostrum's and benefits of breast feeding.
- Demonstration of weaning food Nachani biscuit by S.Y Home science student.
- Volunteers performed a drama to spread awareness of breast feeding. They passed Message to make every mother aware about breast feeding and weaning food for baby.



**40 students participated in this programme.**

## Nutrition Week

**Date 01/09/2014 to 07/09/2014**

The first week of September was celebrated as Nutrition week, the world most serious health problem is malnutrition poor nutrition is leading case of the underlying health in developing countries.

unit arranged many program in the week. Community awareness was spread by demonstration of nutritious recipes and lecture on nutrition for pregnant and lactating women. Organized guest lecture on the topic Anemia and dates & coconut snacks were distributed among Volunteers.

Volunteers arranged nutritious food stall & some group of volunteers were engaged in doing work on kitchen Garden includes fenugreek & spinach, methi near about college campus.



**53 students participated in this programme.**

## Eco-Friendly Ganesh Festival

Date 29/08/2014 to 08/09/2014



Eco-Friendly Ganesh Festival and “Nirmalya Nirmulan” Activity have been started from Ganesh Festival from 29<sup>th</sup> Aug. to 08<sup>th</sup> Sept. 2014 during this festival. All Volunteers participated in different cultural activities.

**189 students participated in this programme.**

## **Foundation Day**

**Date: 24/09/2014**



Shramadan on 24/09/2014 day was celebrated by Volunteer cleaned the college Campus. They swiped the ground and picked up stone & cleaned an area of the mess.

**95 students participated in this programme.**

## Gandhi Jayanti

Date 2 October 2014



Committee organized guest lecture for the Volunteers. Principal Dr. Nalini Ghatge provided information about Gandhiji's thought and then clean our college campus.

**150 students participated in this programme.**

## Teacher's day

Date 05/09/2014



Volunteers celebrated Teacher's day by organizing Elocution competition on "Save Girl Child" and various games for teachers.

**200 students participated in this programme.**

## Shramdan

Date 25/01/2015



Shramdan was done in which clean the college campus. All the Volunteers were engaged cleaning campus of the college and cutting unwanted shrubs and dry plant.

**190 students participated in this programme.**

# AIDS Awareness Programme

Date 01/12/2014 to 07/12/2014





The unit conducted AIDS week from 01/12/2014 to 07/12/2014 the following activities were under taken during the week.

Volunteers participated in awareness rally to Loni bus stand and around the village. 01<sup>st</sup> Dec. Dr.Bhate Sir delivered a lecture on the topic “**AIDS Ek Bhasmasur**” unit organized an essay competition on “**AIDS and the Media**”

**163 students participate in this progarmme.**

## World Consumer Rights Day

Date 15/03/2015



Cell celebrated the consumer day on 15/03/2015 Vice Principal Dabarase J.B. gave the lecture on “Consumer problem and Healthy environment” She explained healthy environment is very vital of consumers.

**197 Students participated in this programme.**

## World Women's Day

Date 08/03/2015



mono act, One act play, drama, Mimicry and fashion show (theme of fashion show was Some Volunteers participated in different cultural activities related social issues like Integrity) Elocution competition were organized on the topic. 'Women Empowerment'

**165 students participated in this programme.**

## Krantijyoti Savitribai Phule Jayanti

Date 03/01/2015



Cell celebrated Krantijyoti Savitribai Phule Jayanti on 03/01/2015.



Dr. Somnath Mutkule Sir presented one act play on the topic of **“Biography of Savitribai Phule”**. All Volunteers were actively participated.

**276 students participated in this progarmme .**

## Marathi Bhasha Diwas

Date 27/02/2015





Unit celebrated Marathi Bhasha Diwas. Unit organized poetry recitation Competition. Many volunteers were participated in competition. For this competition judge were Prof. Korade V.R. and Prof. Adik M.S.

**196 students participated in this progarmme .**



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## **NSS Special Camp Report of Special Camp**

### **Camp Place: Saptshrunginagar, Loni**

**14/02/2015 to 20/02/2015**

NSS unit organized a special camp at Saptshrungi Nagar, Loni kd, Tal-Rahata, Dist: Ahmednagar, which is located area near to the college campus. In the inaugural function of the camp the Sarpanch, Dy.Sarpanch of Grampanchayat and Gramsevak and faculty members were present in camp. The theme of camp is Female Feticide, plastic Nirmulan and Disaster management which motivates community to be able to manage any difficulty at that time of disaster to bombard the concept of (“Save a Girl Child”) to the community through NSS volunteers.

All camp activities were planned in advance. The participants were divided in ten groups for organized work. For the NSS Camp we got support and guidance from principal from Dr.Ghatage N.S.

- The community health activities were conducted by volunteers.
- Survey and health education were carried out
- On the first day of camp the programme officer Prof. Dabarase J.B. guided to the volunteers by giving lecture on Personality Development.
- Shramdan was done every day from 9.00 am to 11.00 am.
- Cleanliness of road premises and open places was done.
- SY Home Science volunteers were given the information to the villagers about the importance of nutritious food in diet.

For personality development of volunteers various competition were taken such as elocution, group discussion, debate on topic female feticide, Role of youth in politics, Role of men in women's carrier, gender equality.

Singing competition, Bhajan, Folk song, quiz, drama and related to social issues like dowry, Education and malnutrition.



Every day from 2.00 pm to 3.00 pm lecture session done as –

1. Dr. Chhaya Bhalshankar delivered lecture on “Positive Approach” She explained Positive approach which is very important in women’s life.



2. Dr. Anap U.D. Delivered lecture on “**Mahatma Phule**” he explained biography of Mahatma Phule.



3. Mrs. Mhaske Gayatri R. Delivered lecture on “**Communication Skill and Personality Development**”.



4. Dr. Hartalkar Amol delivered a lecture on topic “Health is in ours Hand” he explained importance of health, causes of anemia, precautions and importance of fitness.



Every day from 7.0 to 10.00 pm. Volunteers were involved in various activity related to cultural and social issues.





5. Prof Sarode R.B. Delivered a lecture on topic “Biography of Shivaji Maharaj” he explained the role of Jijamata’s in Shivaji Raje’s life.



Every day from 7.00 am to 10.00 pm. Volunteers were involved in various activity related to cultural and social issues.



Everyday from 12.00 pm to 1.00 pm some group of volunteers were engaged in cooking food.



Zonal Coordinator Mr. Anpat sir, Visited NSS Special camp at Loni on 18<sup>th</sup> Feb 2015.



Every day from 6.00 am to 7.00 pm volunteers were involved in various activities related to cultural and social issues like “youth and inclination towards addiction”





Shramdan was done every day from 9.00 am to 12.00 pm around the road premises and open spaces in colony. Some group of volunteers was engaged in survey related to the topic of health and hygiene and Women's Empowerment.





**NSS Programme Officer organized trip under NSS:**

**At “Madhi, Mohata Devi and Sonai”**

Some group of volunteers were engaged in street play of the topic “**save a girl child**”, “**Disaster management**” etc. and at that time other group were engaged in doing work on cleanliness around the temple.

All volunteers enjoy funny game and different activities related social issues.





Tree Plantation in NSS Camp



In the end of camp Gramsevak Mr. Nagale, Dr. Gaikwad, Prof. Mhase Dr. Patel Sir, HOD Deshmukh Madam and all staff member were present on the closing ceremony at the special camp. In this occasion we distributed the prize to NSS volunteers.



Our NSS volunteers involvement and interest as also due to which camp become Successful.



